



FLIGHT LOG BOOK – FIXED WING

Name

	Date	Weather	Instructor
Preparation			
Starting			
Pit Safety			
Pre Flight Checks			
Take Off / Launch			
Climb out			
Trimming			
Straight and Level			
Left Circuit (Racetrack)			
Right Circuit (Racetrack)			
Figure Eight			
Rectangular Circuit			
Procedure Turn			
Height Gain / Height Loss			
Rudder Turning			
Inside Loop			
Slow Flight			
Stall and Recovery			
Stall Turn			
Spin and Recovery			
Landing Circuit			
Landing Approach			
Overshoot			
Landing (Powered)			
Landing (Deadstick)			
Landing Crosswind			
Precision in Flight			
In Flight Awareness			
Emergency Reactions			
Post Flight Checks			
Field Safety Rules			
BMFA Safety Codes			
Theory			
Duration			
*Outside Loop / Bunt			
*Rolls Left			
*Rolls Right			
*Immelman Turn / Roll Off Top			
*Reversal / Split S			
*Inverted Flight			
*Snap (Flick) Rolls			
*Cuban Eight (Rolls Down)			
*Consecutive Manoeuvres			
Trial permit			

* more advanced manoeuvres – optional